The Phased Reopening of Derby
A STRATEGIC PLAN BY THE ROSE CITY ROLLERS
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THE PURPOSE OF THIS PRESENTATION IS TO SHARE RCR’S PLAN FOR A PHASED REOPENING, INCLUDING ESTABLISHING PROTOCOLS FOR PHYSICAL DISTANCING AND SAFE OPERATIONS AS WE CAUSIOULY REOPEN DERBY IN PORTLAND

Our Mission Statement

The Rose City Rollers mission is to serve women, girls, and gender-expansive individuals who want to play the team sport of roller derby, connect with an inclusive community, and realize their power both on skates and off.
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RCR RESPONSIBILITY: WHAT LIES AHEAD
Since 2004 RCR has been committed to providing community, competitive sport and fun.

For the safety of our members on March 13th we shut down our facilities, canceling all practices and games.

We are committed to a safe return to skating and derby that supports our members, fans and our positive engagement with the greater Portland community.

We are going to survive, but it will take the support of our League working together, feedback on this document should be sent directly to rocketmean@rosecityrollers.com

Our core values are essential to our return:

- PLAY STRONG, TRAIN SMART, AND HAVE FUN.
- BE WELCOMING AND EMBRACE DIFFERENCES.
- RESPECT THE GAME AND EACH OTHER.
- KEEP MAKING IT BETTER.
- BRING YOUR BEST SELF AND TRUST OTHERS TO DO THE SAME.
We have comprehensive documentation of our procedures and will continue to extend that dedication to transparency as we map our safety and hygiene protocols that adhere to Oregon and Multnomah guidelines, those of Oregon Health Authority and The Women’s Flat Track Derby Association.

Where We're at Currently:

- We’ve been engaging our community through online workouts, skill building seminars, and games.
- We’re applying for grants from Oregon Community Foundation, Multnomah Athletic Foundation and Ninety-Nine Girlfriends to secure funds to support our mission.
- We applied for and received the Payroll Protection Program Loan, in order to fund our payroll.
- Our staff and volunteers have been working on reimagining how we can fulfill our mission and support our membership in this ever-changing landscape.
- 60% of RCR have continued paying dues, which allowed staff to work on a safe reopening and recovery. We are preparing scholarships for those financially affected by COVID. We want to see all RCR on the track, when it's right for them.
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Sanitize + Flow
- The Hangar at Oaks Amusement Park will have designated seating areas which will be sanitized between uses
- The Hangar will have one-way traffic patterns

Masks + Courtesy
- Skaters will wear masks to decrease possible spittle on the track
- Members will act in manner that shows respect for how others are feeling about potential exposure, this skating is optional and does not count towards team or League mandated practice times.

Distance + Numbers
- Skaters will maintain 6' distance from one another while working out in Phases 1 and 2
- We will maintain substantially lower numbers than the current 25 allowed by the county

Prep + Tracking
- Members will have to attest to having no symptoms in their household
- All who enter building will be asked to temp screen, we will provide temp scans and gloves / sanitation supplies
- Rose City Staff will keep documentation on temps reported each day
- All skaters and those driving them will be documented for contact tracing
### RCR’s Operational Protocols Reflect Current Best Practices for Safe Physical Distancing and Sanitization

| Documented and vetted public facing procedure for routine sanitization. |
| CDC recommended procedures for temp checks, onsite and self-reporting for participants. |
| New operational protocols to ensure physical distancing. |
| Comprehensive training for all employees to ensure proper execution. |
| Comprehensive signage and communications strategies to ensure member understanding and adoption of new policies and procedures. |
| Daily temperature testing of all staff and volunteers that visit our facility, with record keeping. |
| Phase One discontinuation of non-core activities (games and events) which do not adequately support physical distancing. |
| Mandated use of personal protective equipment by all (disposables provided as needed). |
Phase One Overview

The goal is to allow skaters to get on skates, and to use the Hangar, if they want to, per the rules for Gyms and Fitness Centers in Phase One.

This phase is more cautious than local authorities require; we will take the time to nail our procedures and course correct as needed before moving onto the next phase.

- Individual Skating in the Hangar
  - Skaters will sign up for 30 minutes of private track time.

- Rent n Roll Outdoors
  - Long-term outdoor skate rental for members who rely on Rent n Roll.

- Online Community Engagement
  - Workouts, fun activities, and skill-building seminars will continue as demand dictates.

- Outdoor Skating with Distancing
  - Please continue to be aware of the public perception of our organization.

Timeline: As soon as Multnomah County opens (likely June 12) and we’re prepared
Phase Two
Overview

The goal is to allow skating in small groups with distancing.

This phase will require a lot of logistics to execute safely, but we know how important community and friends are to our membership.

- Small Group Skating
  - Skaters can book blocks of time as groups of 6-8, they will maintain distancing and no contact.

Timeline: Can be once Multnomah County moves into Phase 2 or when we’re prepared.

Likely mid-July
DETAILED PHASE ONE:
RETURN TO SKATING

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DETAILED PHASE ONE: RETURN TO SKATING

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RCR RESPONSIBILITY: WHAT LIES AHEAD
Detailed Phase One: Individual Skating

- Individual skating – 30 minutes done via online registration, date and rules announced in advance for equity.
- One-way traffic patterns.
- Temperature screening station available.
- Waivers and health screening document signed in advance of each session.
- Designated 6’x6’ “Gear boxes” where skaters will gear up and down, then sanitize that area before leaving.
- Safety staff on sight during all skating – CPR/First Aid for adults, CPR, concussion training and background checks for youth skating times.
- Commitment to equitable access for all members wanting to skate.
- Household members will be allowed to skate together.
- The Hangar’s 40’ west door and 25’ east door will be open during all skating.
RCR’s Rent n Roll program has reduced barriers to access since 2013 by providing skaters with quality rental skates and gear free of charge. We want all members to be able to skate, so we are modifying our program to get skaters moving now and so that they can participate in individual skating without the increased risk of RCR checking gear in and out during these early phases.

- Skates have been outfitted with hybrid outdoor wheels that will work outside or in
- Those using Rent n Roll can schedule a time to pick up skates and gear and keep it until Rent n Roll Outdoors is deemed no longer needed
- People are scheduled with social distancing and contact tracing, to pick up skates (program launched May 20th).
- Having skates and gear will also allow skaters to safely participate in individual skating at the Hangar
Detailed Phase One: Outdoor Skating + Online Engagement

- Online Community Engagement
  - We'll continue to host workouts, fun activities, and skill-building seminars as demand dictates.
  - We're open to your ideas!

- Outdoor Skating with Distancing
  - RCR members are encouraged to head outside and skate
  - Skate with your friends, but maintain 6’ distance
  - When skating outside, be mindful that skating in groups or unsafely may reflect negatively on the league and RCR will need the public’s support in our recovery.
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RCR RESPONSIBILITY: WHAT LIES AHEAD
Phase One

Standard Operating Procedures:

Distancing Protocols

- One person skating at a time, must maintain at least 6’ from any skaters gearing up or down who have adjacent sessions
- “Gear Box” areas marked off for a person to gear up and down
- One-way traffic to reduce the possibility of members entering and exiting encountering each other

A “Gear Box”

6’ x 6’ area, TB sprayed, mopped and wiped per posted instructions after each use. (hospital grade wipes and bleach solution refreshed daily)
Phase One

Standard Operating Procedures:

Distancing Protocols

Oaks Park has given us permission to use the East Door of the building, to reduce exposure to park visitors and staff.

There are 2 Doors, with 20+ feet of distance between them, and 5 parking spaces which will be marked off for our use.

We have a contact tracing spreadsheet maintained by our Facilities Manager, Kathryn Howard, and shared with Oaks Park security.

Entrance and Parking

Exit
Phase One

Standard Operating Procedures:

Distancing Protocols

Our Facility is over 11,000 SF, giving more than adequate room for distancing. "Gear Box" areas separated by 50 feet of distance, wiped down by skater after each use.

Port a Potty / Professionally Cleaned weekly and sanitizing procedure posted per use.
### Phase One

#### Standard Operating Procedures:

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<td>▪ A range of industrial grade products have been identified for cleaning and sanitation which reflect CDC recommendations, and which have been proven to be effective against the Covid-19 virus.</td>
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<td>▪ The skate floor itself will be deep sanitized weekly with an electrostatic machine.</td>
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<td>▪ Ultra-high frequency cleaning has been instituted in areas of frequent use or travel (entrance / exit), using an electrostatic sprayer we have purchased.</td>
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<td>▪ Personal sanitation supplies available throughout the Hangar in each functional area for use by all.</td>
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<td>▪ CaviWipes (used in hospitals) for Gear Up / Down Areas.</td>
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<td>▪ Bleach Spray and detailed step by step instructions for the bathroom after each use (refreshed every 24 hours).</td>
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<td>▪ Mop buckets with Bleach Solution are provided, with instructions, and the skate floor will be mopped nightly (refreshed every 24 hours).</td>
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<td>▪ Hand Sanitizer stationed throughout the facility.</td>
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Standard Operating Procedures:

Staff + Volunteer Health Protocols

- Rose City Rollers staff will continue to work from home as applicable.
- High-risk demographic members encouraged to stay away.
- All staff / skaters will be required to remain at home if sick in any way.
- Skater’s Health Questionnaires will be logged prior to the start of each session, recorded and available to county medical officials if needed.
- Disinfectant and related supplies will be available to all employees and volunteers
- Hand sanitizer effective against COVID-19 will be available to all employees and members throughout the facility
- Outdoor hand washing station stocked and available 24/7
- Disposable gloves will be provided to all staff and members.
- Masks / face coverings must be worn at all times in the building.
- Water station closed per Phase One Guidelines
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RCR RESPONSIBILITY: WHAT LIES AHEAD
The below will happen in accordance with Multnomah County, the state of Oregon, and Oregon Health Authority guidelines, but especially when RCR is prepared. Specific timelines and groupings will be announced as they become clear.

The below is our initial plan, which may be updated:

- Phase 2: Small Group Skating (6-8pp) without contact (details available in a few weeks)
- Phase 3: Small Group Skating (6-8pp) with contact
- Phase 4: Team Practices (up to 22pp) with contact
- Phase 5: Scrimmage Practice (up to 60pp) with contact
- Phase 6: Games w/ Limited Production (up to 100pp)
  - Live streamed, likely with a request for a donation or a paywall

Thresholds and timings TBD
Rose City Rollers believes that derby and roller skating can be for everyone. We’re committed to our continued work in removing barriers to access, and ensuring that our sport and league are a welcoming and safe space.

Our scholarships and gear lending library programs were created to remove the financial barriers some may face that would prevent them from being able to join. Our upcoming Skatemobile program is designed to bring roller skating to those who might not otherwise have access.

Additionally, we are in the process of fortifying our DE&I committee, which will include working with paid consultant(s) on racial equity so that we can continue this important work.
FUNdraising Overview

The goal is to engage our community in safe, socially distanced ways while recuperating revenue lost due to game and dues cancellations. We anticipate finishing the year with about a $100,000 loss, equal to a year’s worth of saving toward a new venue. We also anticipate skater need for scholarships doubling.

- Drive-In Concept
  - In collaboration with Oaks Amusement Park, we will turn the parking lot of our venue into a drive-in movie theater

- The Ultimate Skate Fundraiser
  - A multi-day individual skating marathon fundraiser, focused on fun, safety, and community engagement (via livestreaming) to help RCR financially recover

- Skatemobile
  - Bringing the safe and fun activity of skating to the broader Portland area! RCR can now hit the road carrying skates and gear for a full Party on Wheels with us.

Timeline: Once Multnomah County moves into Phase 2 and we’re prepared
Skatemobile’s launch will bring roller skating to Portland communities. We are thrilled to make this incredible activity widely accessible to all. Skatemobile is fully stocked with skates + gear to make anyone’s parking lot, garage space, school gymnasium, tennis court, or cul-de-sac into their very own skating rink.

- We are excited to safely bring roller skate parties to families, friends, and communities while adhering to local gathering size guidelines
- As schools re-open we’ll work with Active Children Portland to introduce this empowering sport to youth with limited access to physical activity through athletics
- Thanks to the following funders: The Blazers Community Grant, Oregon Community Foundation Grant, and Nike Impact Fund
FUNdraising: The Ultimate Skate
Tentative Date: 8.1.20 for 100 sustained hours

The Ultimate Skate is a one-of-a-kind fundraiser where friends, family and supporters can tune in to watch their favorite skaters take the track and show off their skills on live stream. We will be creating a Guinness World Record relay roller skating!

Funds raised at this event will directly support RCR’s financial recovery from COVID 19. All donations will benefit scholarships, programs for members, and bringing derby back to Portland.

- Using our learnings from Phase One, skaters and staff will adjust social distancing and sanitation protocol as necessary
- The event will feature RCR skaters of all levels and ages (everything from 101 skaters to Juniors to our World Champion All-Stars)
- Donations can be made prior to (via pledge drive) and during the event
- We are seeking sponsors and partnerships to help make this event one to remember. If you are interested in sponsoring or getting involved, please email development@rosecityrollers.com
FUNraising: Drive-In Concept

In conjunction with Oaks Park, we envision using our parking lot as a space to allow people to come together, in their cars, to watch movies after dark.

- Looking at partnering with Hollywood Theater, and the Mercury, we will select and advertise this opportunity to 10 to 20 cars at a time, after dark.
- We will use our screen and backlit projector, elevated within the hangar doors, to show a feature to small groupings of attendees.
- We can continue hosting skating in the hangar, per our phased reopening plan, during these events.
- We are seeking sponsors and partnerships, and volunteers to help make these events happen. If you are interested in helping or getting involved, please email Kathryn.
What Lies Ahead: How to Help

We know you love us, and we can't wait to see you in the stands and working alongside you, but for now, here are ways you can help:

- **Donate**
  - Become a Bearing Alliance Members – your monthly donation will help keep our wheels turning
  - Watch and donate to the Ultimate Skate
  - Keep paying your member dues, which are being converted into charitable donations until we start Phase 2
  - Select RCR as your charity at Fred Meyer and Amazon Smile
- **Volunteer** – check our website for volunteer opportunities
- Starting mid-July, book a Skatemobile party at your house or in your neighborhood
What Lies Ahead: How to Help

- Support our sponsors – see www.rosecityrollers.com/sponsors
- Become a sponsor, email sponsorship@rosecityrollers.com
- Buy RCR Merchandise at www.rosecityrollers.com (RCR masks coming soon)
- Share RCR online activities + social posts
- Email info@rosecityrollers.com any other wonderful ideas
Resources

- Multnomah County Dashboard
- Oregon State Guidelines
- Specific Guidelines for Gyms and Fitness Centers
- Oregon Health Authority Camp Guidelines
- WFTDA Return to Play Guidelines